

Sarah in 2011

2011 is a busy year for me and is booking up fast. From July 2011 – June 2012 I will be President of the Aylesbury Rotary Club. I am committed to the Club's charitable activities in our local community and this means I may be less available for travel than I have been in the past. I am also a Girlguiding Ambassador and am increasing my support of Girlguiding as I believe groups like these play an important role in society. I also have a big birthday in 2011 and will be celebrating in a number of countries with many of my friends; this will be an opportunity to thank you all for your support and friendship.

As many of you know, I am a keen **writer**, having published many papers, chapters and books over the last fifteen years. These have been linked to my day job and I will continue a number of non-fiction writing projects, though at a slower pace. One under work at the moment is on the topic of large scale change. However, I am finding the drive to write more fiction to be quite compelling and am spending much more of my time on short stories and revising some full length novels. Through to Mid 2011 I am participating in a postgraduate course to develop my fiction writing skills.

I have been promoting **virtual working and presenting** for nearly five years and feel now that the time is ripe to push it further. During 2011 I will be encouraging clients to do this as much as possible. I am running two day interactive workshops for up to 300 people at a time – from my broom cupboard of an office. The evaluations are good.

As always, I believe anyone who is advising others needs to be actively engaged in the real work of **projects**; I continue to be open to discussions about how I may help you with developing and implementing innovative solutions to problems.

While **speaking, presenting and running workshops** is a rewarding process for me, I am starting to reduce the number I commit to. I feel I am better able to be fully present, enthusiastic and at the leading edge in terms of both content and process, if I maintain a limit on the number provided. I am planning to commit to around 10 – 12 full day sessions per year.

Coaching improvement facilitators is something I am very passionate about. Apart from my theoretical knowledge and practical experience, I am also a qualified MBTI (and other useful tool) practitioner. I plan to increase the amount of this support over the coming year.

Where will I be in 2011?

- At home and in the office; the advance in use of virtual technology has enabled me to drastically reduce my travel, carbon footprint and client costs
- But I shall also be on the road and in the air. As of January 2011 I have plans to be in Canada (East, Mid and West), Sweden, USA (West and Mid) and the Netherlands. After the summer 2011 there is more flexibility in my schedule for travel so contact me if you are interested.